



## City of Virginia Beach Military Economic Development Advisory Committee 2022 – 2023 Annual Report to City Council

**Author:** RADM Fenton Priest, USN (Ret) Chair

**Date:** August 31, 2023

### Executive Summary

The Military Economic Development Advisory Committee (MEDAC) members, City Council and staff liaisons have worked to compile the FY 2022-2023 Annual Report to City Council covering the period of July 1, 2022 – June 30, 2023. MEDAC was established in 2008 as an advisory committee to work cooperatively with City Council, the City Manager's Office and the Department of Economic Development. Their collaborative efforts are to support and strengthen City-Military relations with commanding officers and tenant commands at Virginia Beach military installations; identify economic development opportunities for the City with the various military commands; work with the military to assist private contractors in locating to and conducting business in Virginia Beach; identify military members separating from the Navy and other military branches who may be candidates for employment with businesses in Virginia Beach or other areas within Hampton Roads; and provide information to the Department of Economic Development and the City Manager's Office concerning issues that may be addressed by the City to assist the various commands in carrying out their respective missions. In the past fiscal year, MEDAC met seven times and hosted a joint meeting with the Norfolk MEDAC three of those seven meetings.

As requested, included for your review are:

- Accomplished goals and objectives,
- Membership and attendance,
- Goals and objectives for the coming year, and
- Recommendations to City Council.

### Mission Statement

The mission of the Military Economic Development Advisory Committee is to serve as an advisory agency to the Virginia Beach City Council to enhance the coordination efforts with local military base commanders and their various installation tenants.

### Accomplishment of Goals and Objectives

Over the past fiscal year, MEDAC, through its appointed committee members and its liaisons, worked on the following key matters in furtherance of its mission under its four primary goals:

1. **Outreach to Navy and other Military Commands** through the support and strengthening of City-Military relations with the various base commanders and tenant commands.

- a. In conjunction with City Council, the Military Economic Development Advisory Committee wrote a letter of support for the move of the USS Iowa Battleship Gun Barrel display adjacent to the Lighthouse at Joint Expeditionary Base Little Creek-Fort Story.
  - b. Continued command visits.
  - c. Supported the creation of a Portsmouth MEDAC.
2. **Economic Development Opportunities** by identifying opportunities within the various military commands that engage defense contractors in support of their mission. Examples include working with the military to help private contractors locate and conduct business locally.
  - a. Engaged with the Department of Economic Development regarding Naval Air Station Oceana's Future Base Design 2023 RFP.
3. **Workforce Development** as appropriate, and with the support of the military, seeking to identify service members separating from the military who may be candidates for employment by local businesses.
  - a. The City's small business resource center, The HIVE, is located in Town Center and had a remarkable year, now counting more than 900 clients and 80+ business resource partners. Throughout the year, The HIVE conducted 340 trainings and workshops, assisted more than 310 existing Virginia Beach businesses and startups, and helped 160 organizations secure their state SWaM business certifications. The HIVE also has several Veteran Workforce initiatives that the Virginia Beach MEDAC supported and promoted as well.
  - b. MEDAC supported V3 Certification Program support efforts.
  - c. Hampton Roads Veterans Employment Centers job fairs and quarterly event support was promoted and announced.
4. **Virginia Beach Military Affairs**
  - a. Supported Change of Command ceremonies, installation ribbon cuttings, and Veteran Care Center initiatives.

## Membership and Attendance

*Attached separately*

## Budget Report

This agency is an advisory committee that does not need nor have a budget.

## Goals and Objectives for the Coming Year

In alignment with MEDAC's missions and goals, the following efforts are ongoing initiatives that the committee intends to stay committed to engaging:

- Continued engagement with Secretary Crenshaw (Virginia Secretary of Veterans and Defense Affairs)

- Engagement and support for Hampton Roads Military & Federal Facility Alliance and the Hampton Roads Veterans Employment Centers
- Command Briefings and Military Outreach (NAS Oceana, JEB Little Creek-Fort Story, Dam Neck Annex, NSW Group 2 (SEAL Teams))

## **Recommendations to City Council**

The Military Economic Development Advisory Committee respectfully requests the continued support of the Virginia Beach City Council on the Committee's strategic military affairs engagement and business community development initiatives and efforts through City Council direction and with the assistance of the City's Department of Economic Development.

Should you have any questions or require a formal City Council briefing on the work of this team, please feel free to reach out to Fenton Priest, MEDAC Chair at [fentonpriest@iCloud.com](mailto:fentonpriest@iCloud.com) and or the City Staff Liaison, Charles Bauman at [cbauman@vbgov.com](mailto:cbauman@vbgov.com).

**City of Virginia Beach**  
**Military Economic Development Advisory Committee**  
**2022 Attendance Record**

<b>Name</b>	<b>Term Expires on:</b>	<b>Jul 25th</b>	<b>Aug 22nd</b>	<b>Oct 24th</b>	<b>Nov 28th</b>	<b>Total Present</b>
Stephen Brennan, CAPT, USN (Ret)	2/28/2023	P	C	R	R	1/3
Christopher Chope, CAPT, USN (Ret)	2/29/2028	N/A	C	P	P	2/2
Kevin Cook, RADM, USCG (Ret)	2/28/2026	A	C	A	A	0/3
Elizabeth Dietzmann	2/28/2025	A	C	P/V	A	1/3
Richard Dunleavy, RADM, USN (Ret)	2/28/2023	A	C	A	P	1/3
Mark Gemmill, RADM, USN (Ret)	2/28/2023	P	C	P	P	3/3
Loren Heckelman, CAPT, USN (Ret)	2/28/2023	P	C	P	P	3/3
Robert Herbert, CAPT, USN (Ret)	2/28/2023	P	C	A	A	1/3
Gregory Nosal, RADM, USN (Ret)	2/28/2027	P	C	P	P	3/3
Phillip Olson, RADM, USN (Ret)	2/28/2023	P	C	A	P	2/3
Kathleen Owens, CDR, USN (Ret)	2/28/2023	P	C	P	P	3/3
Fenton Priest, RADM, USN (Ret)	2/28/2023	P	C	P	P	3/3
Robert Rieve, CAPT, USN (Ret)	2/28/2023	P	C	P	P	3/3
Louis Schager, CAPT, USN (Ret)	2/28/2025	A	C	P	P	2/3
Joseph Strange, VBDA Liaison	2/28/2023	A	C	P	P	2/3
Charles Stuppard, CAPT, USN (Ret)	2/28/2027	P	C	P	A	2/3
Richard Trowbridge, CAPT, USN (Ret)	2/28/2023	P	C	P	P	3/3
Frances Wilson, LT GEN, USMC (Ret)	2/28/2023	A	C	P	P	2/3
<b>This row indicates if there was a quorum; total number of members in person/ total number of appointed members</b>		10/18	C	13/18	13/18	
City Councilman John Moss			C		R	0
City Councilman N.D. Rocky Holcomb		N/A	C		P	1
Staff Liaison – Ray White		P	C		R	1
Staff Liaison – Charles Bauman		N/A	C	P		1
Staff Liaison – Vicki Kelley		P	C	P	P	3

**City of Virginia Beach**  
**Military Economic Development Advisory Committee**  
**2022 Attendance Record**

Key: Present (P) Present/Virtually (P/V) Absent (A) Resigned (R) Excused Absence (E) Cancelled (C)

**City of Virginia Beach**  
**Military Economic Development Advisory Committee**  
**2023 Attendance Record**

<b>Name</b>	<b>Term Expires on:</b>	<b>Jan 23rd</b>	<b>Mar 27th</b>	<b>Apr 24th</b>	<b>May 22nd</b>	<b>Total Present</b>
Lawrence L. Barbrey, MCPO, USN (Ret)	2/29/2028	N/A	P	P	P/V	3/3
Christopher W. Chope, CAPT, USN (Ret)	2/29/2028	P/V	P	P	A	3/4
Kevin Cook, RADM, USCG (Ret)	2/28/2026	A	P	A	A	1/4
John J. Cummings, CAPT, USN (Ret)	2/28/2026	P	P	P	P	4/4
Elizabeth Dietzmann	2/28/2025	P/V	A	P/V	A	2/4
Richard Dunleavy, RADM, USN (Ret)	2/28/2023	P	R	R	R	1
Mark Gemmill, RADM, USN (Ret)	2/29/2028	P	P	P/V	P	4/4
Loren V. Heckelman, CAPT, USN (Ret)	2/29/2028	E	P/V	P/V	P	3/4
Robert Herbert, CAPT, USN (Ret)	2/29/2028	P	A	E	P	2/4
Robert D. Katz, RADM, USN (Ret)	2/29/2028	N/A	P	P	P	3/3
Charles R. Kubic, RADM, USN (Ret)	2/29/2028	N/A	E	P	P	2/4
Gregory Nosal, RADM, USN (Ret)	2/28/2027	P	P	P	P	4/4
Phillip Olson, RADM, USN (Ret)	2/29/2028	P	P	P	P	4/4
Kathleen Owens, CDR, USN (Ret)	2/29/2028	P	P/V	P	P/V	4/4
Fenton Priest, RADM, USN (Ret)	2/29/2028	P	P	P	P	4/4
Robert Rieve, CAPT, USN (Ret)	2/28/2023	P	R	R	R	1
Louis J. Schager, CAPT, USN (Ret)	2/28/2025	P	A	A	P	2/4
Robert E. Smith, CAPT, USN (Ret)	2/29/2028	N/A	E	A	A	0/4
Joseph Strange, VBDA Liaison	2/29/2028	A	A	A	P	1/4
Charles Stuppard, CAPT, USN (Ret)	2/28/2027	A	P	P	P	3/4
Richard Trowbridge, CAPT, USN (Ret)	2/28/2023	P	R	R	R	1
Frances Wilson, LTGEN, USMC (Ret)	2/28/2023	P	R	R	R	1
<b>This row indicates if there was a quorum; total number of members in person/ total number of appointed members</b>		14/18	12/18	12/18	13/18	
City Councilman N.D. Rocky Holcomb						0

**City of Virginia Beach**  
**Military Economic Development Advisory Committee**  
**2023 Attendance Record**

City Councilman Christopher Taylor	P			P	2
Staff Liaison – Charles Bauman	P	P		P	3
Staff Liaison – Elisabeth Parker	P	P		P	3

Key: Present (P) Present/Virtually (P/V) Absent (A) Resigned (R) Excused Absence (E) Cancelled (C)

# The Sea is Our Story

**Virginia Beach** is your gateway to the world

Since the 1600's the Atlantic seaboard has been a viable source of global market access and employment opportunities. Virginia Beach, in particular, with its central East Coast location and proximity to The Port of Virginia, a world-class partner in global trade, has long ago established itself as the location of choice for manufacturers and other maritime and logistics companies.

**With continued infrastructure investments to meet the ever-increasing demands of international trade, The Port of Virginia continues to write history. Virginia Beach businesses do too. No matter the size of their cargo.**



**Scan Me**

Scan the code or visit [yesvirginiabeach.com/vmg](https://yesvirginiabeach.com/vmg) to see how Virginia Beach businesses benefit from access to state-of-art shipping facilities at The Port of Virginia and the City's well-integrated, multi-modal transportation network.





# Naval Air Station Oceana Future Base Design (FBD) Update

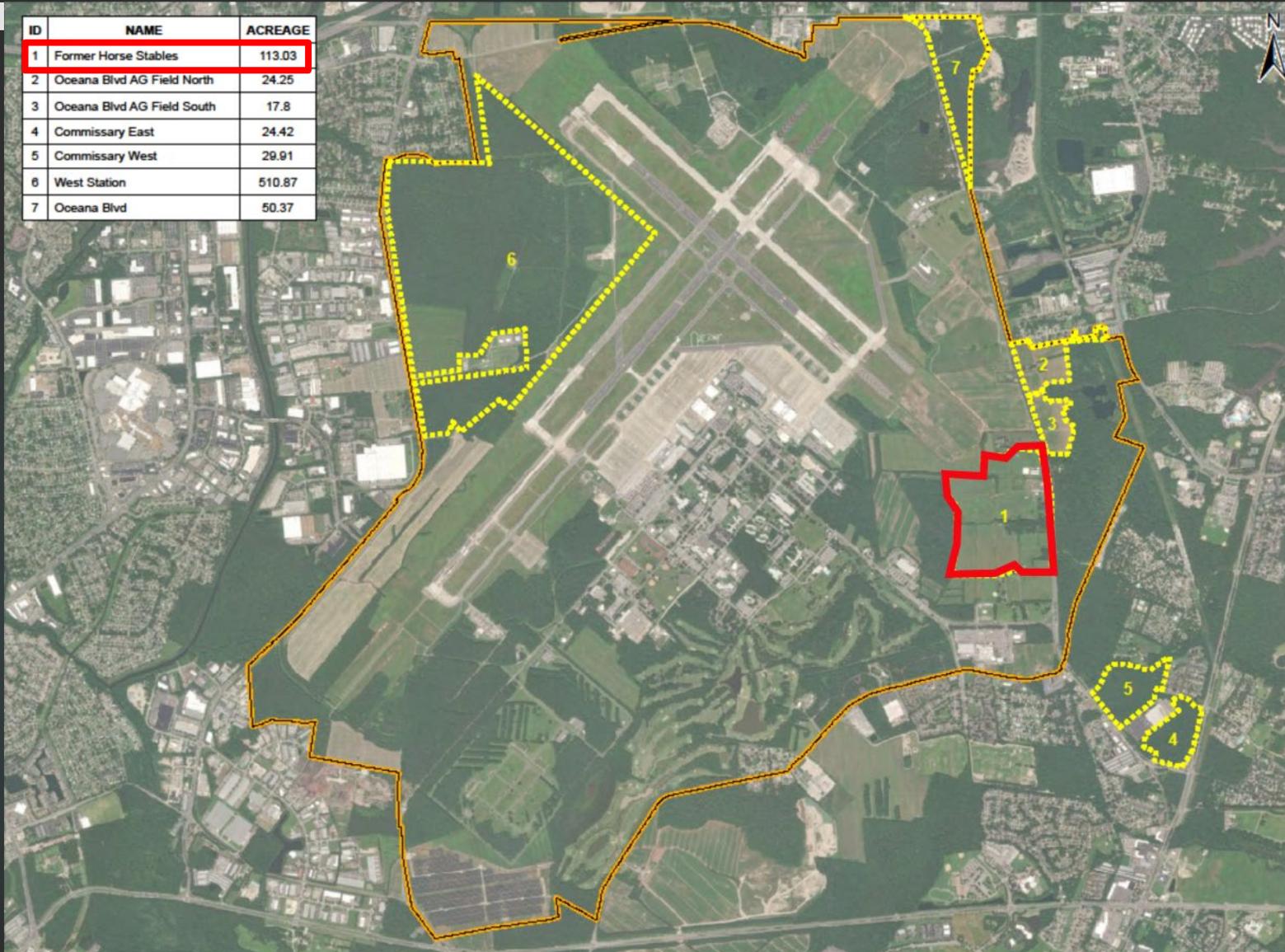
MEDAC Update

August 28, 2023

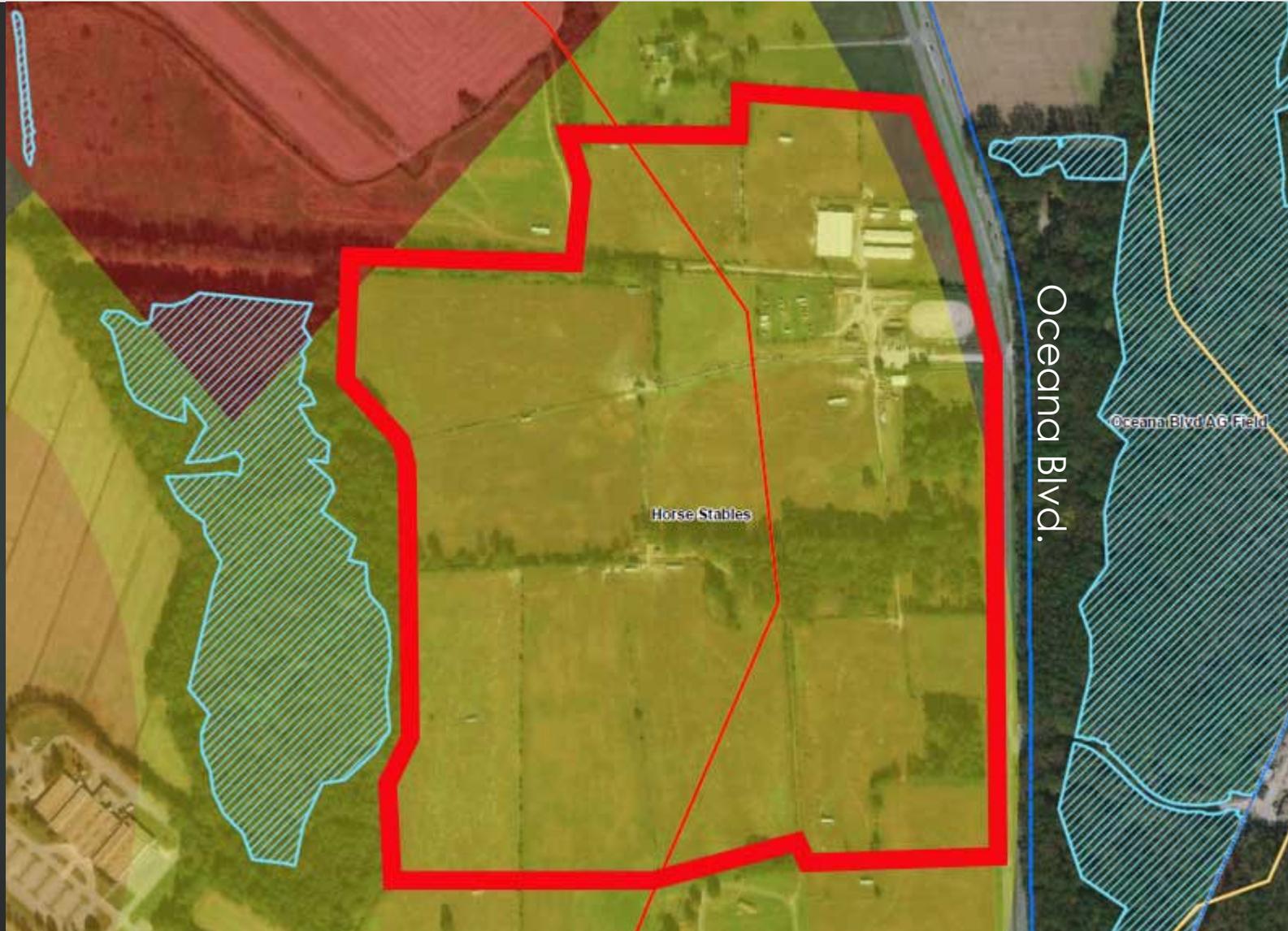
# Current Status

- ✓ NAVFAC Mid-Atlantic reissued the “Horse Stables” RFP on 3 August 2023
- ✓ Responses due on 1 November 2023
- ✓ NAVFAC Mid-Atlantic issued an RFI for the Oceana Blvd. Agricultural Field Property on 23 August 2023
- ✓ Responses due on 1 November 2023
- ✓ City of Virginia Beach team evaluating response format
- ✓ VBED pursuing “user/developer” interest

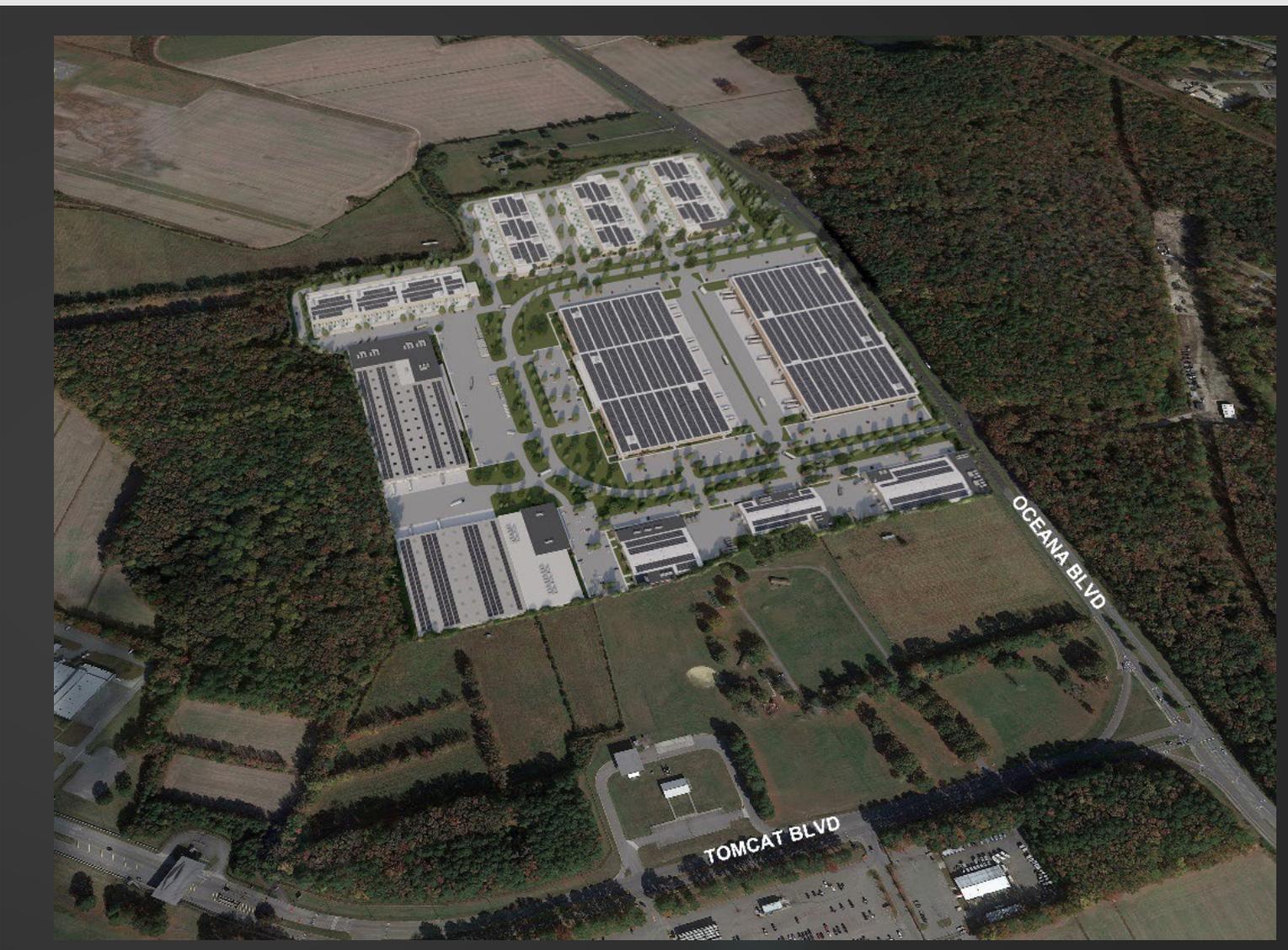
# Future Base Design Opportunities



# Former Horse Stable Site



# Conceptual Development Plan





## **CAPTAIN BRIAN L. FELDMAN, MD MPH MEDICAL CORPS, UNITED STATES NAVY**

Captain Feldman was born in San Diego, California the son of a Naval Flight Officer. A graduate of Duke University with a dual degree in biomedical and electrical and computer engineering in 1997, he was accepted to the Health Professions Scholarship Program and graduated from Eastern Virginia Medical School in Norfolk Virginia in 2001.

After completing residency at the Naval Medical Center, Portsmouth he served as a staff Pediatrician at the Halyburton Naval Hospital at Marine Corps Air Station, Cherry Point. He was selected for specialty training in Pediatric Hematology-Oncology at the University of North Carolina at Chapel Hill. He completed a 2 year cancer prevention fellowship and earned a Master of Public Health in Epidemiology with research on the associations between perinatal vitamins and cancer.

He returned to the Naval Medical Center, Portsmouth Virginia and served in numerous positions throughout the hospital including the Director of Pediatric Specialty Services, Inpatient Medical Director, Associate Director of Medical Services, and Chairman of the Pediatric Department while maintaining full time clinical practice. He established the first clinical directorate of the Tidewater Multi-Service Market Pediatric Service Line, partnering with the Air Force and Army to expand inpatient services in the tidewater region.

Experienced in humanitarian assistance and disaster response, Captain Feldman deployed with the USNS COMFORT (T-AH 20) as the Pediatric Department Head in support of Continuing Promise 2011 and subsequently served as the Director of Medical Services from 2011-2015, including extensive mission development for Continuing Promise 2013 and 2015.

From 2008-2014, he led the Uniformed Services Oncology Consortium to ensure access to over 50 active clinical research treatment protocols for children and active duty patients with cancer to ensure that military dependents received cutting edge therapy. He served as the government sponsor for the Health Outcomes Center of Excellence from 2013-2019 leveraging DoD data to help military investigators address drug safety, epidemiology, and health disparities.

Feldman led numerous Defense Support to Civilian Authority health services missions, and a deployment as the Task Force Surgeon for the IWO JIMA (LHD-7) Amphibious Ready Group in 2017-2018. As Executive Officer of the Naval Submarine Medical Research Laboratory from July 2019–July 2021, he managed the comprehensive day-to-day operations of the Navy’s only laboratory focused on research solutions to aid warfighters aboard the most medically challenging undersea platforms and mission sets in the US Navy.

From July 2021-April 2023, he served as the Commander of the Navy and Marine Corps Public Health Center, and inaugural Director of the Defense Centers for Public Health, Portsmouth VA, supporting the global operational Public Health Policy and Management in support of BUMED and the Defense Health Agency to include 10 echelon 5 tenant commands involving the management of Radiation Health Protection Missions, Blood Borne Infection Management, Entomology, Environmental Preventive Medicine, Navy Drug Screening, Industrial Hygiene Laboratories, Environmental Programs, Epidemiological and Health Analysis, Health promotion and wellness policy, programs and execution for the fleet. He currently serves as the Commander of Navy Medicine Readiness and Training Command Portsmouth and the Director of Naval Medical Center Portsmouth.

He is board certified in General Pediatrics and Pediatric Hematology-Oncology and holds an Associate Professorship of Pediatrics at the Uniformed Services University of the Health Sciences and an Assistant Professorship at Eastern Virginia Medical School. He remains active in the community as a two-time President of the Tidewater Pediatric Society and champion of community partnerships in resiliency and care collaboration. Captain Feldman is married to the former Natalie Sobota of Newport, RI. They are the proud parents of two daughters, Colby (18) and Zoe (10) and son, Patrick (15).



# Naval Medical Center Portsmouth



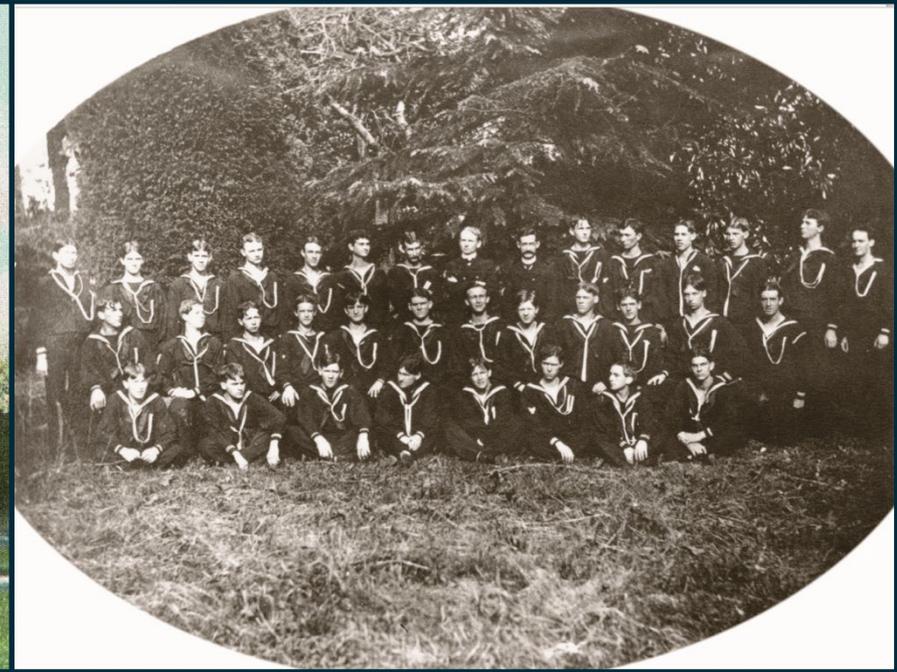
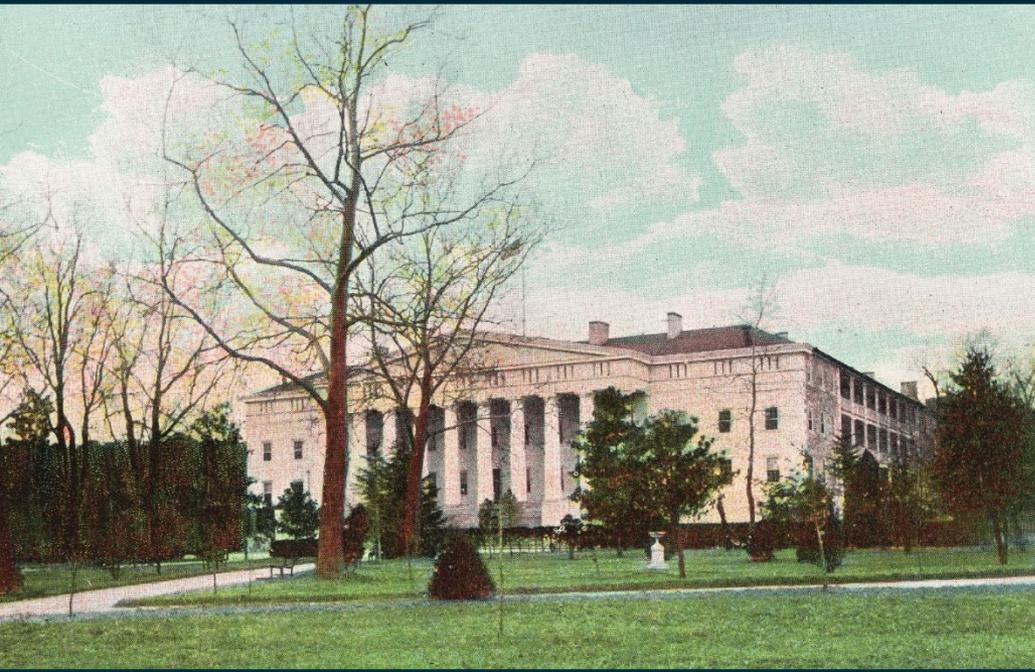
**CAPT Brian Feldman**  
Director

**CAPT Joel Schofer**  
Deputy Director

**CMDCM Mercedes Cleveland**  
Command Master Chief



# *First and Finest*



**Caring for Patients &  
Training Navy Medicine  
Since 1830**



# *First and Finest: Our Why*

## MISSION

**We are the premiere training platform providing superior medical care for warfighters and their families. We maximize readiness and forge a skilled, adaptable, and operational medical force for the fight tonight.**

## VISION

**We are the FIRST choice for training Navy Medicine, and the FINEST in high quality care.**

## GUIDING PRINCIPLES

### **Commitment to People.**

**People are the foundation of our strength. We will invest in, and execute, fundamental people programs to include sponsorship, indoctrination, mentoring, qualification, training, education, personal support, and recognition. We will foster an environment which values diversity, mutual respect, and trust.**

### **Culture of Excellence.**

**We will continually nurture our organization values of personal and professional proficiency, character, connectedness, and integrity. We will embrace our diversities and will be stronger because of them. We will sustain the mentality of a high-reliability, learning organization. A respectful questioning attitude is expected as it will promote innovation and maximize our resources.**

### **Communication.**

**We will foster an environment valuing effective communication and feedback by means of respectful honesty and transparency, along with thoughtful and purposeful statements. We will remain open to new ideas and listen for understanding. We will commit to unrivaled customer service - to our patients, to the fleet, and to each other.**

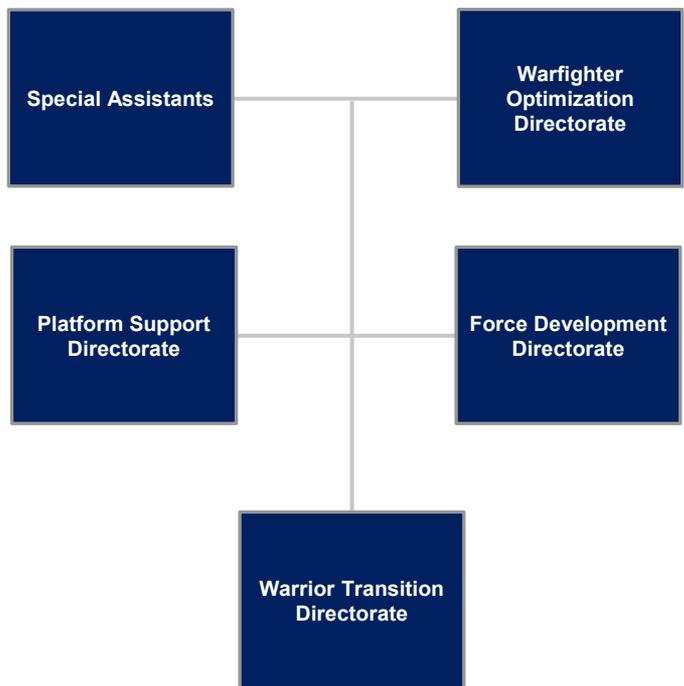
# Organizational Structure



**NMRTC  
(Readiness)**

**NMRTC CO /  
MTF Director**

**MTF  
(Benefit)**



**Shared  
Resources**

NMRTC and MTF share resources such as the following:

- Informatics Platforms
- Credentialing and Privileging
- Patient Safety/PSR Integration
- Operational Security
- Risk Management
- Antiterrorism Force Protection
- Logistics
- Facilities



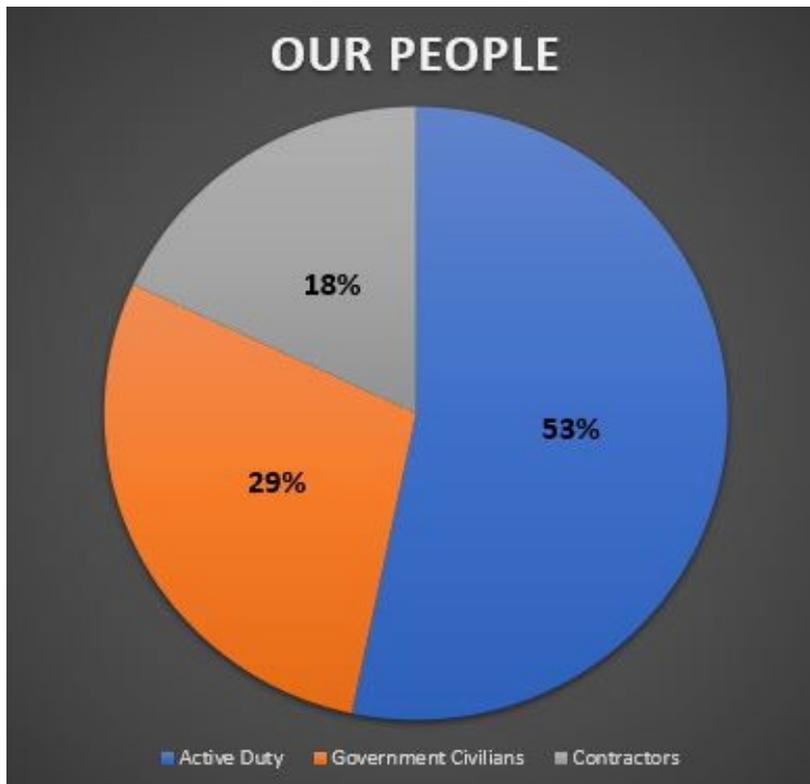


# *Strategic Partnerships*

- Over 200 active Training Agreements (some notable partnerships below)



# Medical Readiness: Who We Are



Total Personnel	5,156
Active Duty	2,749
Government Civilians	1,474
Contractors	933



• Our people are our greatest strength



• Force development and force generation are our priority



# Medical Readiness: Who We Train



## Medical

- Anesthesiology Residency
- Emergency Medicine Residency
- General Surgery Residency
- Internal Medicine Residency
- Medical Physics Residency
- Musculoskeletal Radiology Fellowship
- OB/GYN Residency
- Orthopedic Physician Assistant Residency
- Orthopedic Surgery Residency
- Otolaryngology Residency
- Pain Management Fellowship
- Radiology Residency
- Pediatrics Residency
- Psychiatry Residency
- Transitional Internship

## Dental

- Oral and Maxillofacial Surgery Residency
- Advanced Education in General Dentistry Post Graduate Program
- Dental General Practice Residency

## Nursing

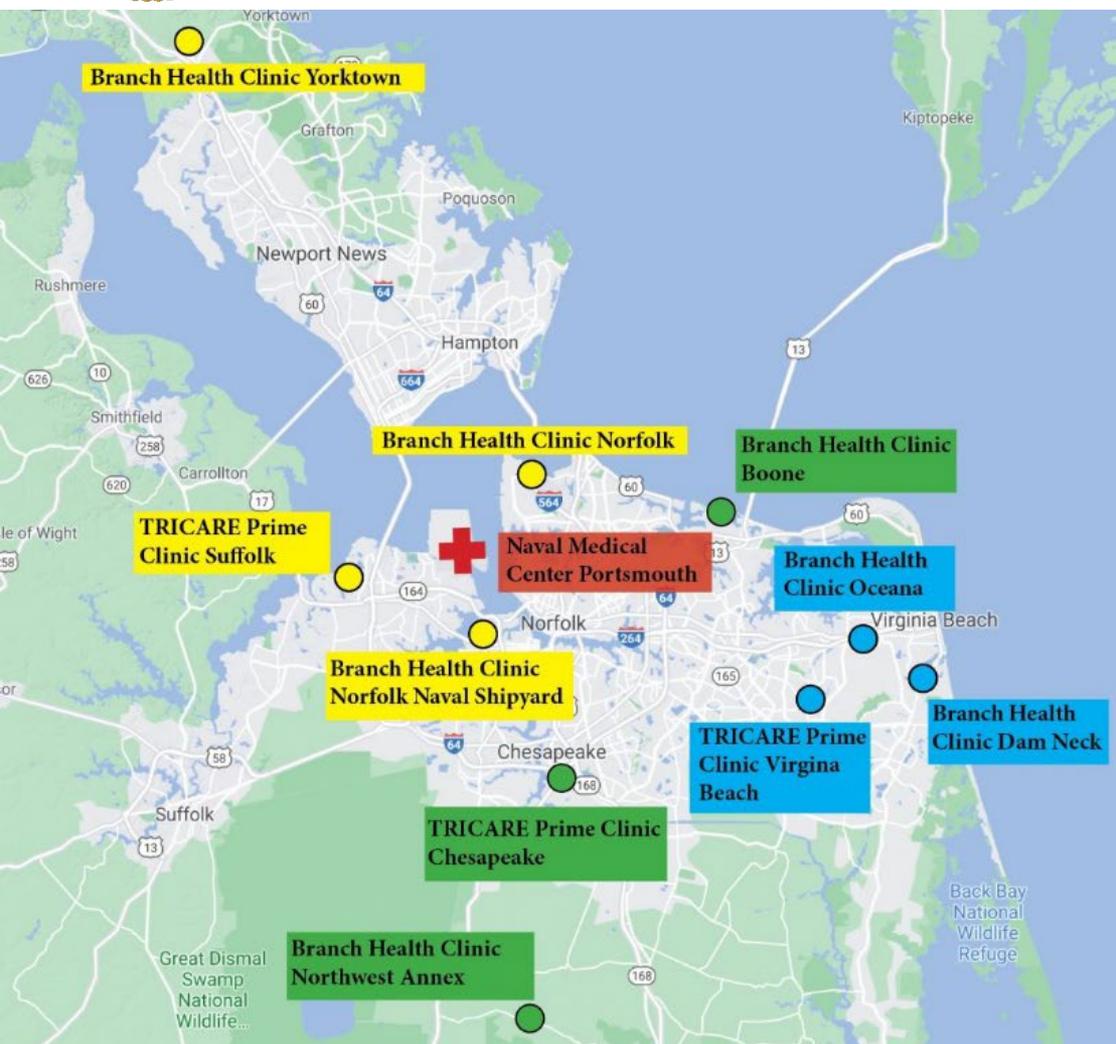
- Perioperative Nurse Training Program
- Practice Transition Accreditation Program for Registered Nurses
- Phase II Family & Women's Health Nurse Practitioner
- Mental Health Nurse Practitioner Preceptor Program
- Student Nursing Resident Anesthesia Program

## Allied Health and Health Support Service

- Audiology Residency Program
- Chaplain Residency
- Clinical Psychology Residency
- Corpsmen Mental Health Screener Program
- Physical Therapy Musculoskeletal Residency Program
- Social Work Residency



# Medical Readiness: Where We Work



- **Branch Health Clinic Norfolk (formerly Sewell's Point), Officer in Charge/Quad**
- Branch Health Clinic Yorktown
- Branch Health Clinic Norfolk Naval Shipyard
- TRICARE Prime Clinic Suffolk

- **Branch Health Clinic Boone (Joint Expeditionary Base Little Creek/Fort Story), Officer in Charge/Triad**
- Branch Health Clinic Northwest Annex
- TRICARE Prime Clinic Chesapeake

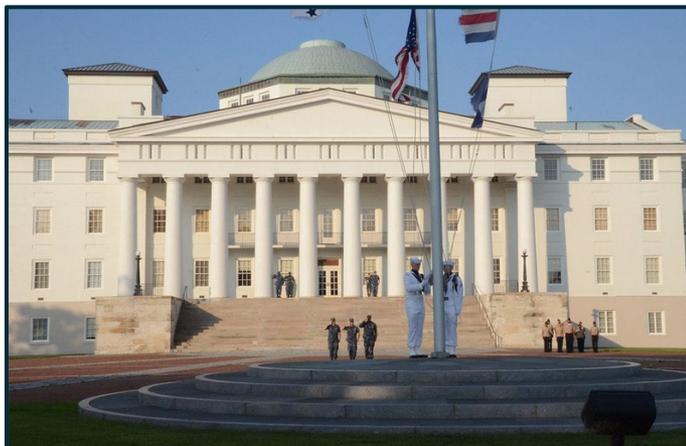
- **Branch Health Clinic Oceana (Naval Air Station Oceana), Officer in Charge/Triad**
- Branch Health Clinic Dam Neck
- TRICARE Prime Clinic Virginia Beach

- **NAVAL MEDICAL CENTER PORTSMOUTH**
- Family Medicine/Deployment Health

# *Medical Readiness: Where We Work (cont.)*



## Tidewater Market



- Newly certified enhanced multi-service Market April 2021
- Consists of Naval Medical Center Portsmouth, McDonald Army Health Center on Fort Eustis, and USAF Hospital Langley Air Force Base (633 MDG)
- The objective for the DHA Market is for MTFs to operate as an integrated healthcare system by sharing patients, staff, and resources to improve clinical outcomes, sustain a Ready Medical Force, resulting in satisfied patients and fulfilled staff



# Medical Readiness: Where We Work (cont.)

## FACILITY



- 202 bed multispecialty hospital/ambulatory complex
- 3 NMRTUs, 3 TPCs, 4 DETs and 16 operating rooms



## THREE SOLE-SOURCED PLATFORMS

- USNS Comfort (T-AH 20)
- CRTS 3
- CRTS 5

## ECHELON 5 COMMAND

- Expeditionary Medical Facility-Juliet

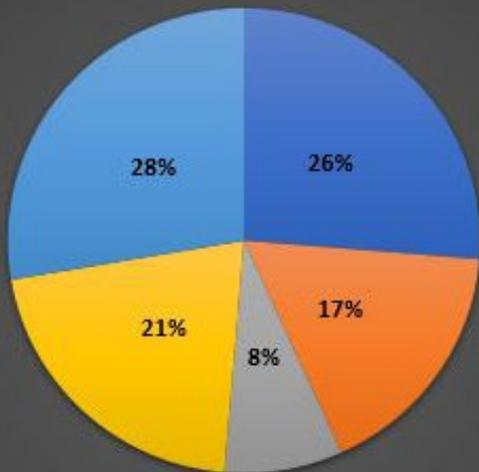
## NON-TRADITIONAL PLATFORMS

- Mental Health SPRINT Team
- Various COVID and Defense Support of Civil Authorities capabilities
- Virtual Medicine

# Medical Readiness: Who We Treat



378,128 Total Eligible



- Eligible AD
- Eligible Retirees, TCFL, Direct Care, & Others
- Operational Forces
- TRICARE Select
- Enrollment

Patient Type	NMCP
Total Eligible	378,128
Eligible Active Duty	99,334
Eligible Retirees, TCFL, Direct Care, & Others	64,106
Operational Forces	30,681
TRICARE Select	79,303
Enrollment	104,704

- *TRICARE eligibility is granted via law (“entitlement”)*
  - *Direct Care*
  - *TRICARE for Life (TCFL)*
  - *Nearly all beneficiaries have direct care*





# MTF Services

- Specialty Care Clinics - Accepting patients based on complexity and need for Knowledge, Skills, and Abilities (KSAs) to optimize Operational Readiness
- Radiology Services – Tests deferred to the civilian network depending on availability
- Lab Services are open for **enrolled** beneficiaries:
  - Under MHS GENESIS, we can not process lab orders for non-enrolled beneficiaries (members having a Civilian PCM)
  - Civilian network accepting TRICARE Lab orders: Labcorp, CHKD, Quest Diagnostics, EVMS, Sentara, Tidewater Physician Multispecialty Group, and New Town Diagnostic Center
- Pharmacy Services
  - All TRICARE beneficiaries are eligible for pharmacy services at NMCP and clinic pharmacies
  - Prescriptions are accepted electronically, preferentially. Paper copies accepted with increased processing times.
  - Patients can get in line for their prescription from home using QAnywhere by texting “Get in line” to 833-217-2199
  - Civilian network accepting TRICARE prescriptions & immunizations: Rite Aide, Walgreens and some groceries stores (**be sure to ask if they accept TRICARE** - recently Kroger and Walmart do not accept TRICARE)
- TRICARE for Life (TFL)
  - At age 65 you are covered under MEDICARE, and TFL coverage is automatic if you have Medicare A & B
  - Enrollment to the MTF is space available, please consult with an MTF Benefits Advisor (757-953-2610) to request consideration for enrollment into the Internal Medicine Clinic



# *AD to Retiree TRICARE Options*

- When you retire you and your family stay eligible for TRICARE
- Call HUMANA Military at 1-800-444-5445 to enroll in TRICARE **Prime** or **Select**
  - **TRICARE Prime Retiree**
    - May remain enrolled to the MTF or Clinic depending on availability
    - If no availability you will be assigned a network provider (or civilian PCM)
      - Annual enrollment fee but **NO** deductible
      - Per visit cost share (or co-pays) for Primary Care & Specialty Care
  - **TRICARE Select Retiree**
    - Care anywhere TRICARE accepted
      - Annual enrollment fee and deductible cost
      - Per visit cost shares (or co-pays) for Primary & Specialty Care Visits
      - No referral for Specialty Care
- Dental and Vision is separate coverage - visit <https://www.benefeds.com>
- For more detailed information, visit the <https://TRICARE.mil> website or consult with an MTF Benefits Advisor.

***Remember to get registered at your local Veterans Affairs Office!***



*Questions/Feedback?*

## Catastrophic Cap

The catastrophic cap is the most you or your family may pay out of pocket for covered TRICARE health care services each calendar year (including enrollment fees but excluding premiums). It protects you by limiting the amount of out-of-pocket expenses you pay for TRICARE covered medical services. **Note:** A TRICARE Young Adult member's catastrophic cap is based on the sponsor's status but follows Group B. The Continued Health Care Benefit Program catastrophic cap follows Group B.

Sponsor or Beneficiary Type	Group A	Group B
<b>ADFM</b> s	\$1,000/family	\$1,217/family
<b>Retirees, their families, and others</b>	\$3,000/family (TRICARE Prime) \$4,028/family (TRICARE Select)	\$4,262/family
<b>TRS members</b>	(Follow Group B)	\$1,217/family
<b>TRR members</b>	(Follow Group B)	\$4,262/family



## PHARMACY COSTS (JAN. 1, 2022–DEC. 31, 2023)

ADSMs have no prescription drug costs when using a military pharmacy, TRICARE Pharmacy Home Delivery, or a TRICARE retail network pharmacy for covered drugs. Your TRICARE plan, which group you're in (A or B), and pharmacy type determine whether you may have to meet your annual deductible before copayments or cost-shares apply. To learn more, use the TRICARE Compare Cost Tool at [www.tricare.mil/comparecosts](http://www.tricare.mil/comparecosts).

At network and non-network pharmacies, you may get up to a 30-day supply of your covered prescription; with all other pharmacy options, you may get up to a 90-day supply, depending on the type of drug prescribed. Some drugs are only covered through home delivery. Overseas, some limitations may apply. Learn more at <https://militaryrx.express-scripts.com>, or call Express Scripts at 1-877-363-1303.

Pharmacy types	Formulary drug costs		Non-formulary drug costs	Non-covered drug costs
	Generic	Brand-name		
<b>Military pharmacy</b> Up to a 90-day supply	\$0	\$0	Generally not available without medical necessity	Not available
<b>TRICARE Pharmacy Home Delivery</b> Up to a 90-day supply	\$12	\$34	\$68	Not available
<b>TRICARE retail network pharmacy</b> Up to a 30-day supply	\$14	\$38	\$68	Full cost of drug
<b>Non-network pharmacy</b> (in the U.S. and U.S. territories: American Samoa, Guam, the Northern Mariana Islands, Puerto Rico, and the U.S. Virgin Islands)	<b>TRICARE Prime options:</b> 50% cost-share applies after you meet your point-of-service annual deductible <b>All other beneficiaries:</b> You pay for <b>formulary drugs</b> (\$38 or 20% of total cost, whichever is more, after you meet your annual deductible) and <b>non-formulary drugs</b> (\$68 or 20% of total cost, whichever is more, after you meet your annual deductible).			Full cost of drug
<b>Overseas pharmacy</b> (outside the U.S. and U.S. territories)  Visit <a href="http://www.tricare.mil/pharmacy">www.tricare.mil/pharmacy</a> for more information.	<b>ADSMs and ADFMs using TRICARE Prime Overseas or TRICARE Prime Remote Overseas:</b> \$0 (you may have to pay the full cost up front and file a claim for reimbursement) <b>ADFM</b> s using <b>TRICARE Select Overseas</b> and <b>TRS members:</b> 20% cost-share after you meet your annual deductible <b>Retirees, their families, TRR members, and all others in TRICARE Select Overseas:</b> 25% cost-share after you meet your annual deductible			Full cost of drug



## VOLUNTARY DENTAL PROGRAMS

The TRICARE Dental Program (TDP) is a voluntary, premium-based dental program. Below are the TDP rates. To learn more about dental plans and eligibility, visit [www.tricare.mil/dental](http://www.tricare.mil/dental). **Note:** Retirees, their families, and certain others may be eligible for dental coverage through the Federal Employees Dental and Vision Insurance Program (FEDVIP). Learn about FEDVIP dental and vision coverage at [www.benefeds.com](http://www.benefeds.com).

### TRICARE Dental Program Monthly Premiums (May 1, 2023–April 30, 2024)

Sponsor status	Sponsor-only premium	Single premium (one family member, not the sponsor)	Family premium (more than one family member, not the sponsor)	Sponsor-and-family premium
Active duty	N/A	\$12.36	\$32.13	N/A
Selected Reserve	\$12.36	\$30.89	\$80.33	\$92.69
Individual Ready Reserve	\$30.89	\$30.89	\$80.33	\$111.22

### TRICARE Dental Program Out-of-Pocket Costs (May 1, 2023–April 30, 2024)

Services, deductibles, and maximums	TRICARE Dental Program
Diagnostic, preventive (including sealants)	0%
Basic restorative	20%
Endodontic, periodontic, oral surgery	Pay grades E-1 through E-4: 30%; All others: 40%
Prosthodontic, implant, orthodontic	50%
Annual deductible	\$0
Non-orthodontic service maximum*	\$1,500 (per person, per contract year: May 1–April 30)
Orthodontic lifetime maximum	\$1,750 (per person, per lifetime)
Dental accident maximum	\$1,200 (per person, per contract year: May 1–April 30)

\* Orthodontic diagnostic service charges are applied toward the non-orthodontic service maximum, but other diagnostic and preventive service charges are not.

**Note:** More costs, including those for survivors and medically retired individuals, are available at [www.tricare.mil/costs](http://www.tricare.mil/costs).

## LOOKING FOR More Information?

## GO TO [www.tricare.mil](http://www.tricare.mil)



### TRICARE Costs

[www.tricare.mil/costs](http://www.tricare.mil/costs)



### TRICARE Plan Finder

[www.tricare.mil/planfinder](http://www.tricare.mil/planfinder)



### TRICARE East Region

Humana Military  
1-800-444-5445  
[HumanaMilitary.com](http://HumanaMilitary.com)  
[www.tricare-east.com](http://www.tricare-east.com)



### TRICARE Overseas Program (TOP)

International SOS  
Government Services, Inc.  
[www.tricare-overseas.com](http://www.tricare-overseas.com)  
For toll-free contact information, visit this website.



### TRICARE Pharmacy Program

Express Scripts, Inc.  
1-877-363-1303  
1-877-540-6261 (TDD/TTY)  
[www.tricare.mil/pharmacy](http://www.tricare.mil/pharmacy)  
<https://militaryrx.express-scripts.com>



### TRICARE Dental Program

United Concordia Companies, Inc.  
CONUS: 1-844-653-4061  
OCONUS: 1-844-653-4060 or  
1-717-888-7400  
711 (TDD/TTY)  
[www.uccitdp.com](http://www.uccitdp.com)



### TRICARE West Region

Health Net Federal Services, LLC  
1-844-866-WEST (1-844-866-9378)  
[www.tricare-west.com](http://www.tricare-west.com)

### TOP Regional Call Centers Eurasia-Africa

+44-20-8762-8384 (overseas)  
1-877-678-1207 (stateside)  
[tricarelon@internationalsos.com](mailto:tricarelon@internationalsos.com)

### Latin America and Canada

+1-215-942-8393 (overseas)  
1-877-451-8659 (stateside)  
[tricarephi@internationalsos.com](mailto:tricarephi@internationalsos.com)

### Pacific

+65-6339-2676 (overseas)  
1-877-678-1208 (stateside)  
[sin.tricare@internationalsos.com](mailto:sin.tricare@internationalsos.com)

#### An Important Note About TRICARE Program Information

At the time of publication, this information is current. It is important to remember that TRICARE policies and benefits are governed by public law and federal regulations. Changes to TRICARE programs are continually made as public law and/or federal regulations are amended. Military hospital and clinic guidelines and policies may be different than those outlined in this publication. For the most recent information, contact your TRICARE regional contractor or local military hospital or clinic.

TRICARE is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved.

Updated May 2023



This is a general overview of most costs and fees for TRICARE. For detailed costs and fees, including those for TRICARE For Life, visit [www.tricare.mil/costs](http://www.tricare.mil/costs). Visit [www.tricare.mil/planfinder](http://www.tricare.mil/planfinder) to learn more about eligibility and TRICARE plans.

## Are You In Group A or Group B?

- You're in **Group A** if your initial enlistment or appointment or that of your uniformed services sponsor began before Jan. 1, 2018.
- You're in **Group B** if your initial enlistment or appointment or that of your uniformed services sponsor began on or after Jan. 1, 2018.

*Note: When enrolled in TRICARE Reserve Select (TRS), TRICARE Retired Reserve (TRR), TRICARE Young Adult (TYA), or the Continued Health Care Benefit Program (CHCBP), Group A beneficiaries follow Group B annual deductibles and applicable copayments or cost-shares.*

## TRICARE PRIME® (JAN. 1–DEC. 31, 2023)

Includes TRICARE Prime, TRICARE Prime Overseas, TRICARE Prime Remote, TRICARE Prime Remote Overseas, the US Family Health Plan (USFHP), and TYA Prime plans.

### Annual Enrollment Fees (TRICARE Prime, TRICARE Prime Remote, and USFHP only)

No annual enrollment fee for active duty service members (ADSMs), active duty family members (ADFMs), and transitional survivors (surviving spouses during the first three years and surviving dependent children) worldwide.

For retirees, their families, and most others\*:

- **Group A:** \$351.96 per individual/\$703.92 per family
- **Group B:** \$426 per individual/\$852 per family

### Annual Deductible

There is no annual deductible.

### TRICARE Prime Out-of-Pocket Costs

ADSMs, ADFMs, and transitional survivors		
Covered service	Group A	Group B
All covered services	\$0	\$0
Retirees, their families, and all others		
Covered service	Group A	Group B
Preventive Care Visit	\$0	\$0
Primary Care Outpatient Visit	\$24	\$24
Specialty Care Outpatient Visit	\$36	\$36
Urgent Care Center Visit	\$36	\$36
Emergency Room Visit	\$73	\$73
Inpatient Admission (Hospitalization), Network	\$182/admission	\$182/admission

### TRICARE Prime Point-of-Service Option

When you see a TRICARE-authorized provider other than your primary care manager for any nonemergency services without a referral, you pay:

- An annual deductible before TRICARE cost-sharing will begin: \$300 per individual/\$600 per family.
- For services beyond this deductible, you pay 50% of the TRICARE-allowable charge.
- These costs don't apply to the catastrophic cap.

## TRICARE SELECT® (JAN. 1–DEC. 31, 2023)

Includes TRICARE Select, TRICARE Select Overseas, TRS, TRR, TYA Select, and CHCBP plans.

### Annual Enrollment Fees (TRICARE Select and TRICARE Select Overseas only)

No annual enrollment fee for ADFMs. For retirees, their families, and others:

- **Group A:** \$171.96 per individual/\$345 per family
- **Group B:** \$547.92 per individual/\$1,095.96 per family

### Annual Deductible

You must spend your annual deductible amount before TRICARE cost-sharing begins:

ADFMs and TRS members			
Pay grades E-4 and below			
Group A		Group B and TRS members	
Individual	Family	Individual	Family
\$50	\$100	\$60	\$121
Pay grades E-5 and above			
Group A		Group B and TRS members	
Individual	Family	Individual	Family
\$150	\$300	\$182	\$365
Retirees, their families, TRR members, and all others			
Group A		Group B and TRR members	
Individual	Family	Individual	Family
\$150	\$300	Network†: \$182	Network†: \$365
		Out-of-Network†: \$365	Out-of-Network†: \$730

(Continued on next page)

\* For certain beneficiaries in Group A, their enrollment fee remains frozen at the rate when the survivor or medically retired member is classified in the Defense Enrollment Eligibility Reporting System in either category and enrolls, as long as there is a continuous TRICARE Prime enrollment. See [www.tricare.mil/costs](http://www.tricare.mil/costs) for more information.

† Network means a provider in the TRICARE network. Out-of-network means a TRICARE-authorized provider not in the TRICARE network.

**Certain TRICARE Select Out-of-Pocket Costs: Network and Out-of-Network\***

Covered Services	ADFM's and TRS members		Retirees, their families, TRR members, and all others	
	Group A	Group B and TRS members	Group A	Group B and TRR members
<b>Preventive Care Visit</b>	\$0	\$0	\$0	\$0
<b>Primary Care Outpatient Visit</b>	Network: \$25 Out-of-Network: 20%†	Network: \$18 Out-of-Network: 20%†	Network: \$34 Out-of-Network: 25%†	Network: \$30 Out-of-Network: 25%†
<b>Specialty Care Outpatient Visit</b>	Network: \$37 Out-of-Network: 20%†	Network: \$30 Out-of-Network: 20%†	Network: \$49 Out-of-Network: 25%†	Network: \$48 Out-of-Network: 25%†
<b>Urgent Care Center Visit</b>	Network: \$25 Out-of-Network: 20%†	Network: \$24 Out-of-Network: 20%†	Network: \$34 Out-of-Network: 25%†	Network: \$48 Out-of-Network: 25%†
<b>Emergency Room Visit</b>	Network: \$103 Out-of-Network: 20%†	Network: \$48 Out-of-Network: 20%†	Network: \$138 Out-of-Network: 25%†	Network: \$97 Out-of-Network: 25%†
<b>Inpatient Admission (Hospitalization)</b>	Network and Out-of-Network: \$21.30 per day or \$25 per admission (whichever is more)	Network: \$73 per admission	Network: \$250 per day or up to 25% hospital charge (whichever is less); plus 20% separately billed services	Network: \$213 per admission
		Out-of-Network: 20%†	Out-of-Network: \$1,112 per day <sup>‡</sup> or up to 25% hospital charge (whichever is less); plus 25% separately billed services	Out-of-Network: 25%†
		\$21.30 per day (subsistence charge) <sup>‡</sup> Military Hospital or Clinic		

\* Network means a provider in the TRICARE network. Out-of-network means a TRICARE-authorized provider not in the TRICARE network.  
 † Percentage of TRICARE maximum-allowable charge after annual deductible is met.

When enrolled in a premium-based health plan (TRICARE Reserve Select, TRICARE Retired Reserve, TRICARE Young Adult Prime, TRICARE Young Adult Select, or the Continued Health Care Benefit Program), you pay a monthly or quarterly premium and follow Group B annual deductibles and applicable copayments or cost-shares.

Quarterly Premium (Jan. 1–Dec. 31, 2023)		
Premium-Based Plan	Individual	Family
Continued Health Care Benefit Program	\$1,654	\$4,134

Monthly Premium (Jan. 1–Dec. 31, 2023)		
Premium-Based Plan	Member only	Member and family
TRICARE Reserve Select	\$48.47	\$239.69
TRICARE Retired Reserve	\$549.35	\$1,320.76
TRICARE Young Adult Prime	\$570	Not available
TRICARE Young Adult Select	\$291	Not available



Next Time, Ask Your Doctor for an  
**ELECTRONIC PRESCRIPTION**

Take this flyer to your provider to have your prescriptions sent to:

**23708**

eRx Zip Code

**DOD PORTSMOUTH VIRGINIA PHARMACY**

Department of Defense (DOD)  
Electronic Prescribing Pharmacy Name  
\*\*must have DoD in front of name\*\*

**4845371/1548673205**

Pharmacy NCPDP/NPI Number

**Military Health System**

PDMP Records - Select as "state"

**Reminders**

- ✓ Ask your doctor to send your prescription(s) electronically to our pharmacy.
- ✓ Activate your new prescription(s) before you arrive at the Pharmacy using our Q-Anywhere system by texting "get in line" to (833) 217-2199 and following the prompts.

**Prescription(s) sent electronically to the pharmacy listed above  
may be picked up at any Tidewater Navy Pharmacy\***  
\*Except for the Scott Center Annex Refill Pharmacy

2023

NAS OCEANA AIR SHOW



## *Celebrating 50 years of Women in Naval Aviation*



- Friday Sept 15: S.T.E.M. Laboratory
- Saturday, Sept 16 & Sunday, Sept 17: Air Show
- Link to live stream will be posted at [OceanaAirShow.com](https://OceanaAirShow.com)
- Tickets to Executive Squadron Chalet and Upgraded seating are still available on the Air Show website

2023

# NAS OCEANA AIR SHOW



## *Celebrating 50 years of Women in Naval Aviation*



**Blue Angels**



**F-22 Raptor**



**Rob Holland**



**EOD Jump Team**



**Bob Carlton**



**Hot Streak II**



**Fleet Fly By**



**Greg Koontz**



**Air Power Demo**



**Navy Leap Frogs**



**Rhino Demo Team**